



PARENTS of 5TH-8TH GRADERS  
please join us

On April 9, 2019 at 7:00 pm

for a night of

# Health & Family Wellness

At Hillsborough Middle School Media Center



## Our Speakers include:

1. **Samantha Nuzio**- Dietitian from Hillsborough ShopRite-  
“Breakfast in 15 Minutes or Less”
2. **Arianna Cohen**- SASS Coordinator from Zufall Health Center -  
“Strengthening Bonds- Preventing Unhealthy Relationships for Youth”
3. **Lea Kimmelman**- Educator/Coordinator from Somerset County  
Department of Health- “Public Cervix Announcement: The HPV vaccine is  
Cancer Prevention”



Click [HERE](#) to register, walk-ins are also welcome