

A NOTE FROM THE HEALTH OFFICE

We wish to extend a warm welcome to our students, old and new and at the same time, briefly familiarize parents with some school health policies.

We should be notified of any recent operations, immunizations, allergies, broken bones, medications and / or chronic health problems. Also, please remember to inform us of any medication; allergy or condition that the school was previously notified of that no longer applies.

Regarding medications, policy states that only the school nurse, board-approved registered nurse or a student's parent/guardian can administer medication in school. **Medication means any prescription drug or over the counter product with an active ingredient.** Medication includes aspirin/acetaminophen /ibuprofen, nutritional supplements, eye drops, nasal sprays and topical ointments. **If a student requires medication during school, a Medication Request form must be completed and signed.** This form is available in the Health Office or website at www.htps.us Medication must be delivered by the parent or an adult in its original labeled container. Self-medication may be permitted for students with asthma or other potentially life-threatening illnesses only with proper medication documentation from the physician and parent. All medication requests are effective for one school year only and must be renewed annually. **STUDENTS ARE NOT PERMITTED TO CARRY MEDICATION TO AND FROM SCHOOL.**

All newly enrolled students new to the Hillsborough District are required to have a physical examination. Throughout the year, we will be conducting height, weight, blood pressure, and vision screenings on all sixth grade students. Fifth grade students will be screened for height, weight, blood pressure and scoliosis. **If you would prefer your child not to be screened for scoliosis a parental note is required and should be forwarded to the health office.**

A student who needs to be excused from Physical Education is to report to the Health Office during homeroom with a note from parent/guardian or physician. The note should state the student's name, date, reason and length of excuse.

In the event a student is temporarily compromised, (crutches, cast, sling, etc) a physician's note is required and a turtle / elevator pass will be issued.

Hopefully, our children will be on target in their daily health habits and make every effort to be on time and in school.

If a student is unable to attend, school the parent/ guardian must call 431-6600 option #3 then #1, and report the absence. This enables us to verify absences. Upon returning to school, a note from a parent or physician stating reason and date(s) of absence is required. Please be advised that four days of unexcused absences will require us to send a letter of attendance concerns.

To view Health Office news please visit ARIS homepage and click on the Health Services link.

We look forward to meeting the students and parents as well. The students know that they can find us any school day in the office should they feel they need help.

And to you parents.... Our door is always open. Please feel free to consult with us if you're concerned about your child.

We close now with a wish for a happy healthy year for all.

Warm Regards,
Mrs. Newman & Mrs. Kolavitch-Young